MAIN MENU



MAINS -

Liberation Ale battered fish and chips – gardon peas, tartare sauce Liberation Ale battered fish and chips – gardon peas, tartare sauce Slow-cocked sweet & smoky babby back ribs – with gherkins, fennel slaw & skin on fries 21.5 Oven baked salmon fillet – pistachio and honey crust, served with mange tout, sautéed baby new potatoes & mango reduction 22.5 Sea bass – herb & peas crushed potatoes, grilled asparagus and creamy lemon butter sauce 22.5 Go green Cannaroli risotto – wild mushrooms, asparagus, shaved parmean and homemade pesto (v) 3.5 Add: shell on Tiger prawns 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed carrot, smoked parsnip mash 3.5 Slow-cocked blade of Aberdeen Angus beef – Rourguignon sauce, glazed beeded brioche bun, skin-on fries 3.0 Slow-cocked blade of Aberdeen Agerdeen Angus beef – Rourguignon sauce, glazed beeded brioche bun, skin-on fries (ve) 3.0 Slow-cocked blade of Aberdeen Agerdeen A	One Siminia Standa			
Liberation Ale battered fish and chips – garden peas, tartare sauce 17.5 Slow-cooked sweet & moky baby back ribs – with phekins, fennel slaw & skin on fries 21.5 Now-cooked sweet & moky baby back ribs – with phekins, fennel slaw & skin on fries 22.5 Go green Carnaroli risotto – wild mushrooms, asparagus, and creamy lemon butter sauce 22.5 Go green Carnaroli risotto – wild mushrooms, asparagus, shaved parmesan and homemade pesto (v) 18.5 Add: shell on Tiger prawns 19.5 Slow-cooked blade of Aberdeen Angus beef – Bourquignon sauce, glazed carrot, smoked parsnip mash 19.5 Herb roasted pork belly porchetta – with herbs & garlic reasted baby potatoes, tender stem broccoli, fried shallots, pipulullo peppers, crispy bacon & pork glaze Romesco spaghetti – wild mushrooms, spinach, roasted garlic cherry vine tomatoes, pine nuts & shaved parmesan (v) 18.5 BURGERS 18.5 Jersey beef burger – smoked cheddar, garnish, burger relish, aioli, toasted seeded brioche bun, skin-on fries Add: crispy streaky bacon Add: fried egg Add: pulled pork Beyond meat vegan burger – vegan cheese, tomato, baby gem, burger relish, fennel slaw, skin-on fries (ve) Chicken Milanese crostini – breaded chicken escalope, gem lettuce, tomato, truffle aioli, parmesan, skin on fries Add: crispy streaky bacon Honey toasted halloumi & streaky bacon – Mediterranean vegetables, aioli, toasted seeded brioche bun, skin-on fries SALADS Fake Caesar – boiled egg, baby new potatoes, asparagus, gem lettuce, bacon, shaved parmesan, garlic croutons & Caesar dressing (no anchovies) Add: panko crispy chicken Add: panko arispy chicken Add: panko crispy chicken Add: panko arispy c		room, cherry vine toma	atoes, dressed rocket salad and skin-on fries	29.95
Slow-cooked sweet & smoky baby back ribs – with gherkins, fennel slaw & skin-on fries 21.5 Oven baked salmon fillet – pistachio and honey crust, served with mange tout, sautified baby new potatoes & mango reduction 24.5 Sea bass – her & peas crushed potatoes, grilled asparagus and creamy lemon butter sauce 22.5 So green Carnaroli risotto – wild mushrooms, asparagus, shaved parmesan and homemade pesto (v) 33.5 Add: shell on Tiger prawns 5.5 Slow-cooked blade of Aberdeen Angus beef – Bourguignon sauce, glazad carrot, smoked parsnip mash 4.5 Slow-cooked blade of Aberdeen Angus beef – Bourguignon sauce, glazad carrot, smoked parsnip mash 4.5 Slow-cooked blade of Aberdeen Angus beef – Bourguignon sauce, glazad carrot, smoked parsnip mash 4.5 Slow-cooked blade of Aberdeen Angus beef – Bourguignon sauce, glazad carrot, smoked parsnip mash 4.5 Slow-cooked blade of Aberdeen Angus beef – Bourguignon sauce, glazad carrot, smoked parsnip mash 4.5 Slow-cooked blade of Aberdeen Angus beef – Bourguignon sauce, glazad carrot, smoked parsnip mash 4.5 Sauch of Potator (angus blade) 5.5 BURGERS BURGERS BURGERS BURGERS BURGERS Jersey beef burger – smoked cheddar, garnish, burger relish, aioli, toasted seeded brioche bun, skin-on fries 4.6 Add: crispy streaky bacon 5.5 Add: crispy streaky bacon 5.5 Add: crispy streaky bacon 5.5 Add: crispy streaky bacon 5.6 Add: crispy streaky bacon 5.7 Add: crispy streaky bacon 5.7 Add: crispy streaky bacon 5.8 Add: crispy streaky bacon 5.8 Add: crispy streaky bacon 6.5 Add: crispy streaky bacon 6.5 Add: crispy streaky bacon 7.5 Add: crispy streaky bacon 8.5 Add: cri	Add: peppercorn sauce Liberation Ale battered fish and chips – garden peas, tartare sauce			
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Add: crispy streaky bacon Honey toasted halloumi & streaky bacon - Mediterranean vegetables, aioli, toasted seeded brioche bun, skin-on fries 16.5 SALADS Fake Caesar - boiled egg, baby new potatoes, asparagus, gem lettuce, bacon, shaved parmesan, garlic croutons & Caesar dressing (no anchovies) Add: panko crispy chicken Add: shell on Tiger prawns Burrata panzanella - heritage tomatoes, mixed leaves, basil pesto, garlic herb sourdough croutons & infused oil Add: Prosciutto Buddha bowl - avocado, mediterranean vegetables, spaghetti carrots, tender stem broccoli, mix leaves, cucumber ribbon, sweetcorn & mixed seeds Add: Halloumi SIDES Gordal Olives, grissini (v) 5.95 Garden salad, heritage tomatoes, focket & basil dressing (ve) 6.95 Garden salad, heritage tomatoes, focket & basil dressing (ve)				
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Burrata panzanella – heritage tomatoes, mixed leaves, basil pesto, garlic herb sourdough croutons & infused oil Add: Prosciutto Buddha bowl – avocado, mediterranean vegetables, spaghetti carrots, tender stem broccoli, mix leaves, cucumber ribbon, sweetcorn & mixed seeds Add: Halloumi SIDES Gordal Olives, grissini (v) 5.95 Rustic bread, served with homemade garlic & rosemary butter (v) Skin-on fries (ve) Sweet potato fries (ve) 5.95 Garden salad, heritage tomatoes, rocket & basil dressing (ve)	Add: panko crispy chicken			
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Buddha bowl – avocado, mediterranean vegetables, spaghetti carrots, tender stem broccoli, mix leaves, cucumber ribbon, sweetcorn & mixed seeds Add: Halloumi SIDES Gordal Olives, grissini (v) Truffle & parmesan fries (v) Skin-on fries (ve) Sweet potato fries (ve) 5.95 Garden salad, heritage tomatoes, rocket & basil dressing (ve)				
Cucumber ribbon, sweetcorn & mixed seeds Add: Halloumi SIDES Gordal Olives, grissini (v) Truffle & parmesan fries (v) Skin-on fries (ve) Sweet potato fries (ve) 5.95 Garden salad, heritage tomatoes, rocket & basil dressing (ve)				
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Gordal Olives, grissini (v) Truffle & parmesan fries (v) Skin-on fries (ve) Sweet potato fries (ve) 6.95 Rustic bread, served with homemade garlic & rosemary butter (v) Seasonal greens & mixed seeds (ve) 6.95 Garden salad, heritage tomatoes, rocket & basil dressing (ve)	Add: Halloumi			3.50
Truffle & parmesan fries (v) Skin-on fries (ve) Sweet potato fries (ve) 5.95 garlic & rosemary butter (v) Seasonal greens & mixed seeds (ve) 6. Garden salad, heritage tomatoes, rocket & basil dressing (ve)			DES —	
Skin-on fries (ve) Sweet potato fries (ve) Sweet potato fries (ve) Seasonal greens & mixed seeds (ve) Garden salad, heritage tomatoes, rocket & basil dressing (ve)	Gordal Olives, grissini (v)	6.95	,	6.50
Sweet potato fries (ve) 5.95 Garden salad, heritage tomatoes, rocket & basil dressing (ve)	Truffle & parmesan fries (v)	5.95	garlic & rosemary butter (v)	
rocket & basil dressing (ve)	Skin-on fries (ve)	4.95	Seasonal greens & mixed seeds (ve)	6.9
rocket & basil dressing (ve)	Sweet potato fries (ve)	5.95		5.95
Addition clanation of with cheese IVI 0.00/0.95	Garlic ciabatta / with cheese (v)	6.00/6.95	rocket & basil dressing (ve)	





DESSERTS

Triple Chocolate Pecan Brownie – chunky Belgian chocolate ice cream, fresh berries & chocolate sauce (v)	8.50
Little Biscoff filled doughnuts - salted caramel sauce, vanilla ice cream (ve)	
Spiced sticky date pudding – Jersey Dairy rum and raisin ice cream, butterscotch sauce (v)	
Toffee apple, fig and chestnut crumble – Jersey Dairy salted caramel ice cream or custard (v)	
Selection of British cheeses – served with chutney, cornichons and crackers	13.50

NEARLY FULL?

Three little Biscoff filled doughnuts. Perfect with a coffee!

Affogato; coffee ice cream – illy espresso, little biscuit (v)

(50p from the sale of each affogato is donated to Healing Waves)

3.50

6.50



Healing Waves is a Jersey charity that enables individuals with a physical or mental disability to access the ocean in a safe way.

COFFEE & TEA

A full range of hot drinks are available. Please ask to see the full listing Milk alternatives available.

AFTER DRINKS

Ask for our range of brandies, whiskies, rums, liqueurs, and cocktails

A few of our favourites... Espresso Martini Old Fashioned Negroni

OUR SUPPLIERS & PRODUCERS.

We care immensely about the quality, provenance and seasonality of the produce we buy, and work with suppliers and producers of the same mindset, striving to be sustainable, with complete traceability.

These guys share our passion and we're very proud to work with them, sourcing some of the best produce from the Channel Islands and delivering it fresh to our kitchens six days a week.

Team Rewards -

Please note we will add an optional 10% team reward to your bill and be assured 100% will be shared with today's team.

Allergen Info -

(v) Veggie friendly, (ve) Vegan friendly, (veo) Vegan option – ask a team member for gluten friendly options. Please inform a member of our team of any allergies before placing your order. We cannot guarantee the total absence of allergens in our dishes. Our fish dishes may contain small bones, please take care.