

# LIBERATION

PUBS & BARS



100% NATURALLY  
SOURCED INGREDIENTS

All of our main courses include a choice of  
Fruit Shoot **Strawberry & Raspberry**,  
Fruit Shoot **Apple & Pear** or  
Jersey Dairy Chocolate milk

## GOOD FOOD FOR LITTLE PEOPLE

### MAINS

Breaded fish goujons, chips, garden peas, ketchup	6.95
Three cheese macaroni cheese, vine tomato, little salad (v)	6.95
Small chicken Caesar salad	7.95
5oz Dingley Dell gammon, chips, free range egg	6.95
Miso-glazed salmon, rice, Asian greens, mushrooms	7.50

### PUDDINGS

Bread & butter pudding, vanilla custard (v)	2.95
Scoop of Jersey ice cream and café curl wafer (chocolate, vanilla or strawberry)	1.50

(v) Veggie friendly (ve) Vegan friendly

All our children's food is made using quality ingredients, with no added salt or sugar. Any of the dishes from our main menu can be accommodated in a smaller size on request. Please ask about allergen information before ordering.



