

WHILE YOU WAIT

- A Selection of Warm Rustic Breads** with marinated olives, roasted garlic, olive oil & aged Balsamic vinegar **V** **4.95**
- Chunky Garlic Bread V** **2.75**
- Chunky Garlic Bread**
- & Sour Cream V** **2.95**
- Chunky Garlic Bread & Cheese V** **3.35**

STARTERS

- Homemade Soup** with freshly baked crusty bread & Jersey butter **V** **4.35**
- Devilled Whitebait** with spicy Rouille dip **5.95**
- Jersey Crab & Prawn Cocktail** with lemon dill mayonnaise **6.95**
- Sautéed Chicken Livers with Port & Redcurrant**, crisp bacon lardons & garlic croute **6.50**
- Mozzerella, Basil & Tomato Salad**, ripe vine tomatoes, creamy Mozzarella & pungent fresh basil dressed with sea salt, cracked black pepper & extra virgin olive oil **V** **5.95**
- Deep Fried Brie Wedge**, golden fried melting brie with smoked red pepper coulis **V** **6.25**

EXPRESS LUNCH MENU

Served Mon to Sat from 12.00 till 2.30pm

Double Baked Jacket Potato

or

Freshly Baked Baguettes

choose from

Cheddar & Chutney V

Bacon & Coleslaw

Egg Mayonnaise & Salad V

Chicken Mayonnaise

Tuna Mayonnaise with Spring Onion

Stir Fry

your choice of

Chicken with Five Bean Sauce

Duck with Sweet Chilli Sauce

Beef with Oyster Sauce

all served on a bed of egg noodles with mange tout, green beans, red peppers, spring onions and cashew nuts

Spaghetti

Creamy Carbonara with mushrooms, back bacon, oregano & Parmesan cheese

Bolognese with Italian tomatoes, garlic, basil & Mozzarella cheese

ALL EXPRESS MEALS 6.75

FRESH BAKED CIABATTAS

Available from 12.00 to 2.30pm

Served with salad garnish & chunky chips

Melted Brie & Redcurrant Jelly **6.50**

Classic BLT crispy smoked back bacon, ripe vine tomatoes, mixed leaves and free range egg mayonnaise **6.95**

BBQ Chicken spiced strips of grilled tender chicken breast, lettuce, tomato, spring onion & guacamole **7.50**

MEAT & GRILLS

- Stir Fry Duck** on a bed of soft egg noodles with mange tout, green beans, red pepper, spring onions, ginger & cashew nuts **11.25**
- Slow Cooked Beef Chilli** with red kidney beans, peppers, mushrooms & a hint of chocolate, served with rice, sour cream & salsa **9.50**
- Jerk Chicken** seasoned marinated chicken breast char-grilled & served with fragrant braised rice & mango salsa **11.95**
- Grilled Cumberland Sausages** served with wholegrain mustard mash & a rich red wine & onion gravy **K** **9.15**
- THE BAR Shepherd's Pie** tender lamb in a rich gravy topped with smooth mash & served with buttered carrots & spinach **10.15**
- Char-grilled Aged 8oz Rib Eye Steak** **13.95**
- Char-grilled Aged 8oz Fillet Steak** **18.95**
- Char-grilled Aged 10oz Rump Steak** **12.50**

Our prime cut steaks are cooked to your liking, served with grilled tomato, beer battered onion rings, sautéed mushrooms & a choice of chunky chips, double baked jacket potato or smooth buttery mash

Add your choice of sauce or topping only **1.60**

BBQ Sauce Green Peppercorn Sauce Marmite Butter

ADD A KING PRAWN SKEWER only **3.50**

the BAR BURGERS

- A 6oz Seasoned 100% Aberdeen Angus Burger** served with relish, onion rings, salad garnish & chunky chips **K** **8.75**
- Jerk Spiced Chicken Breast Burger** served with relish, onion rings, salad garnish & chunky chips **K** **8.50**

Add your choice of topping only **1.25**

Cheddar Cheese Guacamole BBQ Sauce

Chilli Beef Sautéed Mushrooms Fried Egg

FISH & SEAFOOD

- Piri Piri King Prawns** two skewers of king prawns marinated in **The Bar** hot Piri Piri sauce, served with Jasmine rice, dressed green salad & salsa **11.30**
- Add an Extra Skewer** **3.50**
- Crispy Liberation Ale Beer battered Cod** served with chunky chips, mushy peas & rustic tartare sauce **K** **9.50**
- Golden Scampi Tails** with chunky chips, mushy peas & rustic tartare sauce **K** **8.95**

Our Local Seafood Special, please ask staff for details of today's dish



FRESH JERSEY MUSSELS

Steamed with your choice of sauce

White Wine, Jersey Cream, Fine Herbs & a hint of Garlic

or

Malaysian Style Coconut Curry Sauce

As a starter served with crusty Bread **6.75**

As a main dish served with fries **11.20**

the BAR - HOUSE RIBS

Slow cooked tender baby back pork ribs, with a choice of marinades served with our special recipe apple & celeriac slaw & a choice of chunky chips, double baked jacket potato or smooth buttery mash **K**

Brown Sugar, Chipotle Chilli & Bourbon BBQ

Or

Soy, Ginger & Garlic Char Sui

Small 8.95 Regular 12.95 Large £14.95

PASTA & SALADS

Spicy Penne with Feta & Olives, penne pasta in a rich tomato sauce with olives, feta & a hint of chilli **V** **8.50**

Pasta Carbonara, penne pasta tossed in a classic rich sauce of smoked back bacon, mushrooms, Parmesan and a hint of oregano, served with a side of garlic bread **K** **9.25**

Classic Cesar Salad Cos lettuce, garlic croutons, grated free range Egg, Parmesan flakes & our own Caesar dressing

Plain **7.95**

With Chicken **10.75**

Crispy Duck **10.15**

the Bar Greek Salad, vine tomatoes, cucumber, red onion, boiled egg, olives, feta & beetroot on a bed of dressed salad leaves **V** **9.50**

Warm Pear & Blue Cheese Salad with bacon, crunchy croutons & marinated walnuts **9.25**

the BAR BIG FAMILY MEAL DEAL

Monday to Saturday 5pm to 7pm

Each Child Accompanied by an Adult Eats FREE,

when each adult orders a main course, valid for tables of up to 4 adults & 4 children

Children's meals are denoted by the **K** symbol

This offer may not be used in conjunction with any other promotional offer

Children's Meals Normal Price 6.25

SIDES

- Chunky Chips V** **2.95**
- Baby Potatoes with Parsley Butter V** **2.25**
- Apple & Celeriac Slaw** **1.95**
- Crisp Salad with French Dressing V** **3.35**
- Deep Fried Homemade Onion rings in Liberation Ale Beer Batter V** **2.95**
- Seasonal Vegetables V** **3.35**

DESSERTS

- Deep American style Vanilla Cheese Cake** with mixed berries **5.45**
- Warm Double Chocolate Brownie** with hot Chocolate sauce **5.45**
- Glazed Lemon Tart** with Chantilly cream **5.45**
- Selection of Jersey Ice Cream** **5.25**
- Classic French Cheese Board** **7.95**

COMBO CORNER

Served with our special recipe apple & celeriac slaw, beer battered onion rings & a choice of chunky chips, double baked jacket potato or smooth buttery mash

Choose from **TWO** of the following dishes & combine them to make your ideal meal

Piri Piri Prawns BBQ Chicken Breast
Regular Ribs Rib-eye Steak Jerk Chicken Breast
19.95

the BAR SUNDAY BBQ

Served from 12.00 until 8.00pm

**YOUR CHOICE FROM OUR BBQ
&
WIDE SELECTION OF FRESHLY PREPARED
SIDE ORDERS**

1 of the following items & 3 sides

Mediterranean Vegetable Kebab

Tender Steak Kebab

BBQ Chicken Kebab

Aberdeen Angus Burger

£9.95

1 of the following items & 3 sides

Prawn Kebab

6oz Rib eye steak

£11.95

SIDES

Moroccan Style Spiced Couscous

Pasta with Sun Blush Tomato

Potato Salad with Dill

Mixed Leaves

Vine Tomatoes & Cucumber

Corn on the Cob

BARISTA

Americano Black coffee made with double espresso	2.25
Cappuccino Italian classic of textured milk & espresso	2.40
Double Cappuccino More coffee, more milk & more cup	3.10
Espresso	2.10
Double Espresso	2.90
Flat White Full flavoured coffee with a velvety smooth texture	2.40
Café Latte Milky Italian coffee served in a tall glass	2.40
Macchiato Espresso topped with a hint of foam	2.10
Hot Mocha Milky latte with a hint of chocolate	2.50
Mug of Hot Chocolate Luxurious rich & creamy with a chocolate flake	2.75
Small Hot Chocolate Cup of hot chocolate with a flake	2.10
Extra Shot Add an extra caffeine kick of our finest blend	1.00
Mug of Tea	1.50
Teas & Infusions <i>from</i>	1.65
Breakfast blend, Earl Gray, Darjeeling Ceylon, Mint, Fruit & Camomile	

WHITE WINES

Semillon-Chardonnay, <i>Aldridge Estate, Australia</i>	15.85
175ml 3.90 250ml 5.40	
White Rioja, <i>Marques de Caceres, Seco, Spain</i>	16.45
175ml 4.05 250ml 5.60	
Sauvignon Blanc, <i>Norte Chico, Chile</i>	14.95
175ml 3.70 250ml 5.10	
Unoaked Chardonnay, <i>Jack Rabbit, USA</i>	14.95
175ml 3.70 250ml 5.10	
Macon Lugny, Les Genievres, <i>Louis Latour, France</i>	18.80
Pinot Grigio, <i>Italia, Italy</i>	15.80
175ml 3.90 250ml 5.40	
Muscadet, de Sevre et Maine, <i>La Cassemichere, France</i>	15.90
Chenin Blanc, La Cotte Mill, <i>Franschoek Cellars, South Africa</i>	16.25
175ml 4.00 250ml 5.55	
Sauvignon Blanc, Marlborough, <i>Stoneleigh, New Zealand</i>	17.95

CHAMPAGNE/SPARKLING WINES

Laurent-Perrier Brut, <i>France</i>	46.00
	Qtr Btl 12.00
Castellblanch, Rosado Brut Reserva, <i>Cava, Spain</i>	22.00
Laurent-Perrier, Cuvee Rosé <i>France</i>	66.00
CastellBlanch Carat, Brut, <i>Cava, Spain</i>	20.00
Taittinger, Brut, Prestige Rosé, <i>France</i>	50.00
House Champagne, (J. Lemoine) Brut, <i>France</i>	38.00

RED WINES

Merlot, <i>Jack Rabbit, USA</i>	14.95
175ml 3.70 250ml 5.10	
Malbec, <i>Bodegas Santa Ana, Argentina</i>	15.65
Côtes du Rhône, <i>Thomas Bassot, France</i>	16.25
175ml 4.00 250ml 5.55	
Shiraz-Abneret, <i>Aldridge Estate, Australia</i>	15.90
175ml 3.95 250ml 5.45	
Chateau Puyfromage, <i>Cotes de Francs, Bordeaux, France</i>	17.95
Shiraz, <i>Bakers Station, Franschoek Cellars, South Africa</i>	16.75
175ml 4.15 250ml 5.70	
Rioja, <i>Marques de Caceres, Crianza, Spain</i>	18.50
Pinot Noir, <i>Casillero del Diablo, Concha Y Toro, Chile</i>	16.75
175ml 4.15 250ml 5.70	
Cabernet-Sauvignon, <i>Norte Chico, Chile</i>	14.95
175ml 3.70 250ml 5.10	

ROSÉ WINES

White Zinfandel, <i>Jack Rabbit, USA</i>	14.95
175ml 3.70 250ml 5.10	
Pinot Grigio Rosé, <i>Italia, Italy</i>	15.80
175ml 3.90 250ml 5.40	
Rose, <i>Norte Chico, Chile</i>	14.95
175ml 3.70 250ml 5.10	

the evolves its chameleonic facades throughout the day, it is intimate enough for business breakfasts and morning coffees, provides an ideal place for an informal lunch or après work drinks and in the evening it morphs into a sophisticated restaurant – whichever occasion depending on the weather and your mood, you can choose an intimate indoor spot, or a seat on probably the largest alfresco terrace on the Waterfront.



Did You Know the is available for Private Parties & Corporate Events?

As the is split on two levels, it is ideal for private parties, corporate events, Champagne receptions and buffets. You can choose to hold your event in the upper lounge bar area which has the added advantage of our large terrace overlooking the waterfront gardens or the more intimate and stylish downstairs bar.

Private Parties & Corporate Events for up to 270 People Inside, Plus 130 People on the Terrace!

Tel: 789431 or ask to see the manager